40-DAY FAST INSTRUCTIONS (Page 2)

April 2025 Daily Bible Reading

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Day	
April 1, 2025	Job 37
April 2, 2025	Job 38
April 3, 2025	Job 39
April 4, 2025	Job 40
April 5, 2025	
April 6, 2025	
April 7, 2025	Job 41
April 8, 2025	Job 42
April 9, 2025	Joshua 1
April 10, 2025	Joshua 2
April 11, 2025	Joshua 3
April 12, 2025	
April 13, 2025	
April 14, 2025	Joshua 4
April 15, 2025	Joshua 5
April 16, 2025	Joshua 6
April 17, 2025	Joshua 7
April 18, 2025	Joshua 8
April 19, 2025	
April 20, 2025	
April 21, 2025	Joshua 9
April 22, 2025	Joshua 10
April 23, 2025	Joshua 11
April 24, 2025	Joshua 12
April 25, 2025	Joshua 13
April 26, 2025	
April 27, 2025	
April 28, 2025	Joshua 14
April 29, 2025	Joshua 15
April 30, 2025	Joshua 16

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FASTING WITH PERSEVERANCE

In keeping with our commitment to "**Prospering Through Perseverance**," the Mount Pisgah Harnett Church family is encouraged to join our forty days of corporate fasting and praying beginning on Tuesday, March 11, and concluding on Saturday, April 19, 2025, which is the Saturday before Resurrection Sunday. We will have an in-person prayer meeting on Saturday, March 15, 2025, and on Saturday, April 19, 2025.

This season of fasting and prayer is designed to encourage us to fulfill God's plan for our lives individually, and the church corporately. In addition, we will be intentional about walking by faith, not by sight. We are believing God for breakthroughs, for casting down strongholds, and for yokes being destroyed as we pursue the things of God. Our fasting and praying will help us to remain steadfast in our commitment to Christ.

<u>As with previous fasts, anyone who is not able to fast for medical reasons is</u> <u>encouraged to give up other things as a part of the fast</u>. For example, there may be a specific food that someone may choose not to eat or give up social media or watching television.

The fast will consist of the following. Water is allowed during the day.

Week 1 – fasting for the first 6 hours of the day

Week 2 – fasting for the first 9 hours of the day

Week 3 - fasting for the first 12 hours of the day

Week 4 – fasting for the first 6 hours of the day – no meats, no sweets, no junk food, and no caffeine

Week 5 – fasting for the first 9 hours of the day – no meats, no sweets, no junk food, and no caffeine

Week 6 – fasting for the first 12 hours of the day – no meats, no sweets, no junk food, and no caffeine

We believe God will honor this time of fasting and prayer for the Mount Pisgah Church family.